



**Meadowlark
Hearth Farm
Educational
Center**



And

**MEADOWLARK HEARTH
LIVING ENVIRONMENT FOUNDATION**

**work together as 501c3 in 2023
to learn about culture through vegetable seed.
Seed growing is an Ancestral Skill.
Truly, to farm is a cosmopolitan deed!
AND this brings about FOOD!**

**Due to ALL Cultures and ALL Ancestors
WE CAN EAT! YAY!**

**2023 happenings @ Meadowlark Hearth Farm: Look at
what *you* helped us do and look at what we hope for in **2024****

**THRESHING UNDER FOOT
through 13 SEASONS! Therefore we need an
appropriate thresher NOW!**



Weather Happenings!

June 23, 2023 : Storm coming and then the **tornado** stepped on our our oldest hoop house with lights and electricity! It was truly an awe inspiring moment to see this storm....we are so grateful that only our hoop house met the footstep of the tornado! This is the first tornado to go through our farm ever. The last time one which came near was in 2011.

ABOVE: Matt and Joe thresh Dragon Tongue Beans grown in 2023

BELOW: hoped for new thresher for multiple type of seeds from Wintersteiger

**DONATE HERE FOR the
much needed
SEED THRESHER**



Since 2010 when Meadowlark Hearth began growing seed in Nebraska, our feet have been our old fashioned threshing apparatuses for our dry seeded crops such as carrots, onions, lettuce, flowers, herbs and more. It is fun to do when you have enough people to join in a threshing dance, however it is lonely and tiring to do with one or two people. Nathan Corymb MH seedsman worked with a Pelz thresher when he trained as a seedsman in Switzerland. There is a comparable design of a lab thresher size from Wintersteiger in Utah now. We have an estimate for it at \$25 grand, with 5 important screens for varied crops. See the photo above of Matt and Joe above threshing seed.

The Wintersteiger Thresher will bring a whole new possibility to MHLEF seed growing!



ABOVE: MAY 2023: Local public school 1st grade visits for a second year seeing our newly



STORM: a twister and stepped on the hoop house.
to help repair and update our greenhouse situation



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2023 Labor Day Annual Seed Festival @ MH



Flora, one of the several young people who celebrated at the MH Seed Festival and came to learn about the seed process, is seen threshing lettuce seeds as her colleagues look on!

Painted 100 yr old barn!

Photo **BELOW: A HUGE THANK YOU** to Glenn and Mary Anne who in 2023 stimulated a matching grant to MHLEF which accomplished the funds for finishing the 100+ year old barn's exterior!



BELOW:
Christian Community camp at MH farm, June 2023:





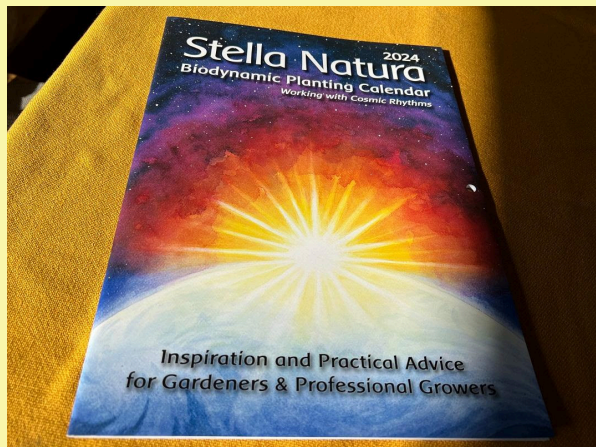
Virginia Reel to thresh vegetable seed...only a few hours of friends together.



Playing music for the seed dance: Yarrow Corymb and Cora Lee Khambatta. Yarrow fulfilled MH seed orders in 2023, now returned to his nursing job in Denver. Cora Lee grew up on the farm, worked in the fields, helped herd cattle and trained and rode horses during her youth! Then she became a sterling music teacher and still teaches piano at 84 in DC!!! Long live nurses, farmers and teachers!



**2024 PLANTING
CALENDARS ARE IN
CLICK HERE TO ORDER**



NEW CLASSES AT THE FARM IN 2023:
Hiking, gardening, 4 classes on Nutrition
taught by Trina Aguirre, Doctor of Nursing
MHLEF board member,
Annual Sept Seed Festival
and in Oct
the first class at MH farm for
Ancestral Skills

Nathan Corymb Clark harvests carrot seed. The sea of carrot seed will really benefit greatly by a new Wintersteiger thresher! To help MHLEF move forward with the seed work:

DONATE HERE



Matt and Joe selecting Green Glaze collard plants to store in the cool room overwinter with the hope of spring replanting in order to grow seed. We are grateful for Southern Exposure Seed Exchange's Ira Wallace and friends for their work on locating great collard seed varieties



FIRE MAKING demo and class by Collin



STRINGING an MH fresh cow hide harvest to a scaffold by Noah for scraping



Aw! Now the scaffold is up. Phillip and son look on as Noah begins scraping!



Ancestral Skills: Why learn them? Our seedsman for Meadowlark Hearth seed company, Nathan Corymb Clark watched natural settings being compromised since he was a child...lands which were verdant with crops and animals turned into parking lots for big box stores across from their family home in Indiana. Nathan now spends weekly encounters in the Wild Cat Hills and MHLEF riparian [Nature Preserve](#): through hikes and walks, learning western

Nebraska's rich abundance of natural and archeological settings. Learning how human beings worked with natural plant fibers, animal skins, and trees brings a new awareness of who we are as human beings. This in turn brings new life to our striving as we become more cosmopolitan in knowledge of seed, skills, environment, and cultural richness.. This brings tolerance and common sense as skills: much needed for now and into the future! We plan to have our second Ancestral Skills next summer: if you are interested or want to attend, help set up, offer a skill or donation, email:

meadowlarkhearth@gmail.com (not live, must type it)

BELOW:: Phillip Palmer teaches class in notching wood and knife safety for camping and woodcraft.



BLACKSMITHING demo by David Brown, making small metal items like iron hooks and flint and steel strikers.



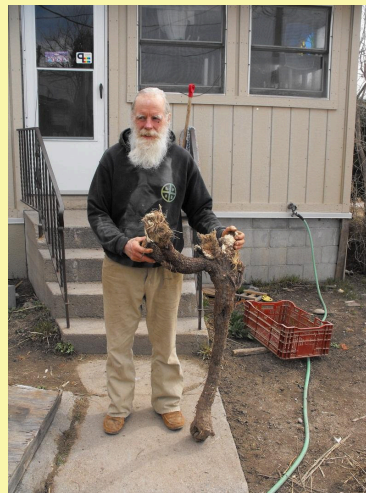
FLINT KNAPPING taught by Damian Kirkwood, Archeologist with the Wyoming Cultural Center:



BELOW: Wow! Rhonda Freeman drove 7 hours all the way from Omaha, taking a break from her school administration job to attend MH Ancestral Skills workshop in Oct. Here Rhonda is thrilled to show off her demo of notching she learned in Phillip's class above!



**Nathan with a Yucca Root!
How amazing are ROOTS!**



BELOW::Rick Laurent teaches how to make cordage from natural fibers such as Yucca!



**TO SUPPORT MH CLASSES
AND ANCESTRAL SKILLS
PLEASE DONATE HERE**



Meadowlark Hearth Open Pollinated Seed

2024



VICTORIA LETTUCE, one of the many delicious lettuces!
TAKE A LOOK!



KING OF THE NORTH SWEET PEPPER, great in north or south!
CHECK OUT THE PEPPERS!



FILDERKRAUT AND DOTTENFEDLER CABBAES from our seed in zone 4!
SEE THEM!



Land Race Squash called Leyba because it is from Joseph Leyba who selected and maintained it for many years and shared with friends. VERY DELICIOUS!!!

Coming soon to Meadowlark Hearth as a seed offering!

We give thanks to all the tribes of the Americas who brought forth, maintained and selected squashes, corns, tomatoes, and beans for food loved by ALL!

Their gifts from Creation enrich all the earth!

We give thanks to all the WORLD'S peoples with their abundance in their culture who made their homes in the US, some willingly and some not, nevertheless, bringing their rich heritage with them in thought, word and seed!



Above: a sky phenomenon after a storm here with a doveslike cloud formation!

**Thank You Cosmos for teaching us about Others *and*
*also their need.***

**MHLEF strives to provide food for people who need it
and to teach people how to grow it!**

3 days prior to the Tornado hitting one of our Hoop houses:

**NEBRASKA PUBLIC MEDIA
made a video of Meadowlark Hearth Farm,
click here to SEE!**