



Meadowlark Hearth

REAL FOOD Integrated Seed and Veg Production Series

For your 2020 calendar

Ongoing Classes in Fermented Vegetables, sourdough bread baking, gardening, and seed growing: Email us to request the schedule at meadowlarkhearth@gmail.com

2020 workshop series* dedicated to farmers and gardeners seeking more information and practice on Seed Production and as well as seeking real food cultivation of recipes for open pollinated varieties.

We are located 3 hours north from the Denver airport, or fly in to SB which is 2 miles from our farm and we can pick you up, or driving it is 45 min north of I80 at the Kimball Ne exit., email for directions to the farm.

All classes and camping are free! RSVP. All contributions gratefully accepted by the Living Environment Foundation and not required. Contact us! 308-631-5877-meadowlarkhearth@gmail.com

Garden Workshops: First Sunday of April, May, and June from 3 to 5pm. RSVP required: subjects include greenhouse sowing, outside sowing, transplanting, organic weed and insect control, and composting with materials found around your home and neighborhood.

Planting out Biennials & seed garden planning workshop: Notify of your interest and we will let you know when we are planting, it will be an April weekend: meadowlarkhearth@gmail.com

us



Vegetable families class

Biennials in bloom

Sunday, July 12 4-6 pm

Meadowlark Hearth Farm

Scottsbluff, NE

Visit Meadowlark Hearth fields and

take in the latest blooms of our annual and biennial seed crops such as beets, kohlrabi, onions, and parsnips! Topics on seed covered include pollination, isolation requirements, and population size.



Eighth Annual Labor Day SEED FEST and Professional SEED WORKSHOP Sept 5-7

This course is designed for experienced growers and farmers but everyone interested in seedwork is welcome! We will focus on seed production techniques for many crops, learn how to initiate & carry out seed contracts and explain how to weave seedwork into a working farm, how to choose what to grow, and more! Come prepared with questions and expect many hands-on activities. You will also have the chance to see various small and mid-scale tools used in seed production. **Free camping available Saturday through Monday. Email to reserve a spot!**

Sunday, Sept 6th 8 am - 5 pm and Monday, Sept 7th 8 am - noon RSVP for full program

We will have fun too while working on harvesting and threshing seed! Folk dancing on seed at 4 pm Sunday with live music and potluck afterward. Invite friends and family **RSVP: meadowlarkhearth@gmail.com, 308-631-5877**



Come have fun and learn! Bring Friends and family
ACCOMMODATIONS: rustic camping available and meals provided
Venue for LEF: All classes at: Meadowlark Hearth Farm,

120024 Everett Drive,
Scottsbluff, NE 69361,

www.meadowlarkhearth.org

Workshops sponsored by Meadowlark Hearth Living Environment Foundation501c3
www.livingenvironmentfoundationne.org